



**The Heartbreaker  
Hosted by the CRCY Barracudas  
February 5, 2011**

**Facility:**

The meet will be held at the Centralia Recreation Complex, 115 East Second St., Centralia, IL (618) 532-3214. The facility features a six-lane, 25 yard pool with non-turbulent lane lines. A full six line Colorado Timing System with starting blocks will be utilized. A separate adjacent recreation pool will be available for warm up/down during the meet for swimmers ages 13 and older. A coach must be present at all times to monitor the swimmers.

Spectator seating will be provided on both the pool deck and the pool balcony. No flash photography may be used prior to and during the start of each race. No food or drink will be allowed in the pool area or in the team areas. *No coolers may be brought into the team areas, however coolers may be brought into the concession area.*

**Rules:**

The meet shall be governed by the 2010/2011 USA Swimming Rules as dictated by the Rules that Govern YMCA Swimming.

**Eligibility:**

This will be a closed YMCA. The swimmers age as of December 1, 2010 will determine their age for the entire meet. YMCA rules shall govern swimming in the relays.

**Awards:**

Top 6 finishes in all individual events will receive ribbons. Relays will be awarded ribbons 1<sup>st</sup> through 3<sup>rd</sup> place. Heat winner awards will be given. No team scores will be kept.

**Limits:**

Athletes are limited to 3 individual events and 2 relay events. The total number of entries will be limited to assure a reasonable time line. Team entries will not be split.

**Fees:**

Entry fees are \$15.00 per swimmer. Checks should be made out to Centralia Recreation Complex. Entries and fees **MUST ARRIVE BY JANUARY 27, 2011.**

Mail to:

CRCY Barracudas Swim Team  
Centralia Recreation Complex  
115 East Second St.  
Centralia, IL 62801

**Entries:**

CRCY only accepts email entries. All entries **MUST** be submitted in Team Manager format as email attachments sent to [swimcudas@dishmail.net](mailto:swimcudas@dishmail.net). **NO PAPER OR DISK ENTRIES WILL BE ACCEPTED.**

Receipt of all entries will be confirmed by reply email. If you do not receive confirmation within 24 hours of your electronic submission, call CRCY at (618) 532-3214.

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**Warm-ups:**

Lanes for warm-up will be posted on the CRCY website. Swimmers without a coach must report to the meet referee prior to warming up. The meet referee will provide safety rules and assign a warm-up lane to the swimmer.

**Lap Counters:**

Each team is responsible for providing a lap counter for each swimmer they have in an event that requires a lap counter.

**Bullpen/Crash Area:**

The Bullpen and Crash Area will be located in the South half of the gym. No food or beverages are allowed in the gym or pool deck. Fitness areas are off limits to all swimmers.

**Heat Sheets:**

The heat sheet will be made available online at [www.crcycudas.com](http://www.crcycudas.com). The heat sheet will not be sold at the meet.

**Meet Results:**

The results will be available at the CRCY website.

**Deck Entries:**

Deck entries will not be allowed.

**Travel Directions:**

The Centralia Recreation Complex is located in Centralia, IL. From St. Louis area, take I-64 east to exit 61 (US 51). Turn left onto US 51 North. Follow US 51 eight miles into Centralia. After crossing the tracks, continue straight until you reach the 2<sup>nd</sup> traffic light. At the light turn left and continue two blocks. The Centralia Recreation Complex will be on your left. You can find a Google map at [www.crcycudas.com](http://www.crcycudas.com) under the "Pool Locations" tab.

Please allow ample time when going through Centralia as railroad crossings generally last 10 minutes or longer. The train crossings from US 51 have no bypass.

# Order of Events

Warmups: 8:00am

Meet Starts: 9:00am

<u>Girls Event #</u>	<u>Event</u>	<u>Boys Event #</u>
1	11-12 200 Freestyle	2
3	13-14 200 Freestyle	4
5	15-21 200 Freestyle	6
7	8&Under 100 Medley Relay	8
9	9-10 200 Medley Relay	10
11	11-12 200 Medley Relay	12
13	13-14 200 Medley Relay	14
15	15-21 200 Medley Relay	16
17	8&Under 100 Individual Medley	18
19	9-10 100 Individual Medley	20
21	11-12 200 Individual Medley	22
23	13-14 200 Individual Medley	24
25	15-21 200 Individual Medley	26
27	8&Under 25 Freestyle	28
29	9-10 50 Freestyle	30
31	11-12 50 Freestyle	32
33	13-14 50 Freestyle	34
35	15-18 50 Freestyle	36
37	8&Under 25 Butterfly	38
39	9-10 50 Butterfly	40
41	11-12 50 Butterfly	42
43	13-14 100 Butterfly	44
45	15-21 100 Butterfly	46
47	8&Under 50 Freestyle	48
49	9-10 100 Freestyle	50
51	11-12 100 Freestyle	52
53	13-14 100 Freestyle	54
55	15-21 100 Freestyle	56
57	13-14 500 Freestyle	58
59	15-21 500 Freestyle	60
61	8&Under 25 Backstroke	62
63	9-10 50 Backstroke	64
65	11-12 50 Backstroke	66
67	13-14 100 Backstroke	68
69	15-21 100 Backstroke	70
71	8&Under 25 Breaststroke	72
73	9-10 50 Breaststroke	74
75	11-12 50 Breaststroke	76
77	13-14 100 Breaststroke	78
79	15-21 100 Breaststroke	80
81	8&Under 100 Freestyle Relay	82
83	9-10 200 Freestyle Relay	84
85	11-12 200 Freestyle Relay	86
87	13-14 200 Freestyle Relay	88
89	15-21 200 Freestyle Relay	90