

TCAY TIDALWAVES TENTH ANNUAL NOVICE MEET

OCTOBER 2, 2010

PRINCIPIA COLLEGE, ELSAH, ILLINOIS

Facility:

The meet will be held at Principia College, 1 Maybeck Place, Elsau, Illinois, (618) 374-2131. The facility features an eight-lane, 25-yard pool with non-turbulent lane lines, Paragon starting blocks, and Datronics timing system.

Spectator seating will be provided on the pool balcony. Please, no flash cameras are to be used prior to and during the start of each race. Locker rooms will be available for changing. It is requested that all spectators turn off their cell phones while on the pool deck as they can interfere with the operation of the starting system.

Each team will be given a designated area in the gym for their team area. Lawn chairs and coolers may be brought into the gym. Vendors will also be selling merchandise in the gym. No smoking is permitted inside the building. Tidalwaves parents will provide a delicious array of food and drinks for sale in the concession area.

Entries:

A swimmer is considered novice and therefore eligible to swim this meet under the following conditions:

- This is their first season; or
- They swam in prior seasons but their best time in an event is not faster than the event cut-off time (see attached list of events and cut-off times). Cut-off times were established based on the 13th place District time in each event in the last four District meets. Many swimmers will be eligible to swim some but not all events. This meet is not intended for well-accomplished swimmers, even if they are just "aging up."

The entries and entry fees must be received by **September 27, 2010**, preferably via e-mail to Kurt Kaufmann at tcaytidalwaves@yahoo.com. An event file for meet manager will be posted on the team website www.tcaytidalwaves.com by **September 15, 2010**, to make your entry process as easy as possible. A disc entry with printed copy may be sent by regular mail instead of using e-mail, along with the team fee entry check. It is the responsibility of each team to check their entries for errors. Deck entries will be accepted. Both the e-mail information and printed copy must include a team roster with each swimmer's birth date provided. If e-mail is the method you use to send us your entries, please mail the entry fee check. Team warm-up assignments and worker

schedule will be posted on our website by Thursday, September 30, 2010. Swimmers may compete in a maximum of four (4) individual events. Each team may enter an unlimited number of entries in each event. Every swimmer over 13 will compete in the "13 and Over" age group. There will be no 15-21 age group for this meet.

This is a **closed YMCA** meet and does count as one of the required meets. A swimmer's age as of December 1, 2009, determines the age group for competition.

Fees:

Entry fees are \$4.00 per individual event. Relay fees are \$16.00 per entry. There will be a \$6.00 per swimmer surcharge. Entry fees **must** accompany entry disc (if not sending them via email) and entry sheets. Email is the preferred method of entry delivery.

Entries must arrive by Monday, September 27, 2010.

Mail entry disc, printed copy, and check to made payable to "Tidalwaves Swim Team" to: TCAY Tidalwaves, c/o Jane Higdon, 4320 Wedgewood Dr., Alton, IL 62002 telephone number: (618) 474-2067; e-mail address: tcaytidalwaves@yahoo.com.

Warm Up:

Group and lane assignments and timer assignments will be announced on Thursday, September 30, 2010, on our website and will be emailed to all coaches and will be listed in the Coaches' Packets.

Unaccompanied swimmers must report to the meet referee prior to warming up for assignment to a warm-up lane and instruction in safety procedures.

Each team will be asked to supply timers based on the number of entries. Certified officials will also need to be provided by each team.

Scratches must be submitted 30 minutes before the meet begins. **DECK ENTRIES CLOSE AT THE SAME TIME.** Heat sheets will be furnished to coaches and will be posted throughout the facility before the meet begins.

Special Meet Features:

It is the goal of this meet to provide the novice swimmer with the best possible first meet experience and to prepare them for meets in which they will compete throughout the season. Therefore, we will hold a Parent Clinic in which a highly experienced swim parent will instruct parents on the basics of meet procedure and protocol and will have an opportunity to ask any questions they may have. In addition, a Parent's Guide for Competitive Swimming brochure will be available for purchase along with the meet psych sheet. We will also hold a Swimmer Start Clinic in which the swimmers will be instructed on starting basics and will have the opportunity to do an official start with the starter and starting device before the meet begins. Every swimmer in every heat will be immediately congratulated and presented with a small treat at the conclusion of the

race. In addition, first through third place medals will be awarded for each event. There will be no disqualifications, but written warnings will be given to swimmers who commit violations. Swimmers receiving a written warning will be ineligible for a medal award in that particular event. Finally, and perhaps most importantly, there will be helpful people available to assist the swimmers and parents from the moment they arrive. Look for the “Ask Me, I Know The Answer” shirts on the helpful workers. The meet will be held at a slower than normal pace in order to reduce nervousness and confusion. There will be ample time for stroke judges to explain any problems or mistakes made by a swimmer. Since there will be no official DQs, times earned in this meet may not serve as qualifying times for other meets, i.e. Y Nationals.

Swimmers’ Conduct:

It is expected that all swimmers and spectators alike will exhibit courteous, sportsmanlike conduct at all times. Running, ball throwing, horseplay and vandalism will not be permitted in any area of the facility. Boom box radios and the like will not be permitted in the team area.

Awards and Scoring:

There will be no official team score kept for this meet. A custom-made meet bag tag will be awarded to each swimmer at the end of the meet. Medals will be awarded for first, second and third place winners of each event. Results of each event will be posted in the main hallway for spectators/swimmers and on deck for coaches. Medals may be picked up by the coach at the conclusion of the meet. Final results will be available for coaches at the conclusion of the meet.

Rules:

The meet shall be governed by the current YMCA “Rules That Govern Competitive Sports” and USA swimming and technical rules.

Heat Sheets:

The heat sheet will consist of a “Parent’s Guide to Competitive Swimming” will be available in the lobby area of the facility.

Time Schedule:

Parent Clinic: 8:15 a.m. to 8:45 a.m.

Warm Ups: Group 1: 8:00 a.m. to 8:20 a.m. Group and lane assignments TBA
 Group 2: 8:20 a.m. to 8:40 a.m.

Scratches and deck entries due by 8:30 a.m.

NO DECK ENTRIES WILL BE ACCEPTED AFTER THIS TIME.

Swimmer start clinic at 8:40 a.m.

First event will be called to the Clerk of the Course at 8:50 a.m.

The meet will commence at 9:00 a.m.

Travel Directions:

The last page of this packet contains hotel information as well as directions to the area and to Principia College.

For more information about this meet, contact:

Nancy Miller, Head Coach	(618) 462-4444
Andrea Schenk, Meet Director	(618) 466-5394
Karen Cronin, Meet Director	(618) 466-8679
Jane Higdon, Treasurer	(618) 474-2067
Kurt Kaufmann, Information Systems	(618) 558-0518

1803 Biscay, Godfrey, Illinois 62035
e-mail address: tcaytidalwaves@yahoo.com
website: www.tcaytidalwaves.com

Cut-Off Times

Girls Events

<u>Event #</u>	<u>Time</u>
1	2:50.13
3	2:43.06
5	1:59.42
7	1:36.12
9	3:13.65
11	3:04.26
13	N.T.
15	18.18
17	35.63
19	30.48
21	29.85
23	N.T.
25	27.79
27	43.29
29	36.55
31	1:28.46
33	N.T.
35	48.18
37	1:25.46
39	1:11.77
41	1:13.78
43	N.T.
45	23.45
47	42.35
49	37.25
51	1:41.20
53	N.T.
55	27.30
57	47.27
59	41.54
61	1:35.54
63	N.T.

Boys Events

<u>Event #</u>	<u>Time</u>
2	2:52:32
4	2:44.46
6	2:15.40
8	1:51.40
10	3:20.59
12	2:58.48
14	N.T.
16	18.06
18	35.73
20	32.15
22	30.07
24	N.T.
28	29.74
28	52.50
30	45.29
32	1:25.48
34	N.T.
36	47.80
38	1:31.92
40	1:26.47
42	1:13.88
44	N.T.
46	25.03
48	44.16
50	39.84
52	1:24.36
54	N.T.
56	36.34
58	48.74
60	44.73
62	1:40.57
64	N.T.

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Complete this form and mail with your entry disc and fees (**emailed entries are preferred**) with check made payable to "Tri City Area YMCA" to: TCAY Tidalwaves, c/o Kurt Kaufmann, 1803 Biscay, Godfrey, Illinois 62035. **Please note this form and entry disc along with your team fee check must be received no later than September 27, 2010.**

Summary of Fees

No. of Individual Entries _____ x \$4.00 = \$ _____

No. of Relay Entries _____ x \$16.00 = \$ _____

No. of Swimmers _____ x \$6.00 = \$ _____

TOTAL: \$ _____

Name of Team: _____ Code _____

Head Coach: _____ Phone: _____

E-mail: _____

Coaches attending the meet: _____

In consideration of this entry and its acceptance, I intend to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may occur against Principia College and TCAY Tidalwaves, their representatives, employees, volunteers, or successors for any and all injuries suffered by me or any contestants or spectators or representatives in said meet, as a representative of my club and/or association.

Executive Director or Head Coach

Date

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ELSAH, ILLINOIS**

Officials List

Team _____

Head Coach _____

Phone _____

Certified Officials Who Are Willing To Work:

Name _____

Duty _____

Name _____

Duty _____

Name _____

Duty _____

Name _____

Duty _____

Name _____

Duty _____

Timers will be needed. Volunteers will be solicited during warm ups. Please have these volunteers prepared.

LOCAL HOTEL LISTING

Comfort Inn of Alton
11 Crossroads Court
Alton, Illinois 62002
(618) 465-9999

Hi Way House Motor Inn
3023 Godfrey Road
Godfrey, Illinois 62035
(618) 466-6676

Holiday Inn - Alton
3800 East Homer Adams Parkway
Alton, Illinois 62002
(618) 462-1220

Super 8 Motel of Alton
1800 East Homer Adams Parkway
Alton, Illinois 62002
(618) 465-8885

TRAVEL DIRECTIONS

Travel onto IL RT 100 "The Great River Road." Enter Elsah via Elsah Road and continue on Elsah Road, turning right at the stop sign. Turn right onto Beltrees Road, there will be a sign for Principia College at this spot. Travel 1-2 miles, the college will be on the right. The pool is located on the extreme left of the campus; look for signs.
